

Behaviour Support

Behaviour Support services are designed to provide people of all ages and disabilities, their families and service providers with the resources they need to improve the individual's quality of life. We work with the person and those supporting them to promote positive behaviour change through:



Goal Setting

- Supporting you to set realistic goals related to behaviour change, focusing on incremental achievements, and continuously working to progress them to the next step.
- Understanding the motivations and expectations of those supporting you.



Function Based Assessments

- Behaviour Assessments to better understand who you are and why you use certain behaviours.
- Complete indirect assessments by reviewing what you've tried in the past, what worked and what didn't work.
- Complete direct assessments through observations and collected data for analysis.
- Support Model Assessments to provide recommendations about how your support needs should be addressed in a holistic way across all life domains.



Behaviour Support Plans

- Behaviour Support Plans outline what the Function(s) of behaviour are and outline corresponding function based interventions. They outline proactive and reactive strategies.
- Proactive strategies are interventions used on a regular basis to reduce the likelihood of recurrence of the target behaviour.
- Reactive strategies are interventions used after the target behaviour has occurred, to help with quicker deescalation.





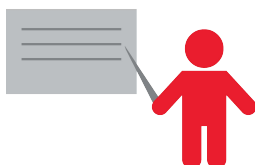
Skill building

- Upskilling you and/or the people around you to teach skills as proactive interventions and utilise verbal or physical deescalation techniques as reactive strategies.



Training and Support

- To teach you or your support network to implement behaviour support plans.
- This can be 1:1 or group training, team meetings, debriefing or phone support.



Monitoring and Review

- Working with you and your support network to assess the effectiveness of the Behaviour Support Plan and make changes as needed.



Provision of Reports

- For other professionals e.g. Data Analysis reports for Psychiatrist appointments.



Currently LiveBig can provide the following services that are either self or plan managed:

- Early Intervention (0-6)
- Therapeutic Service with no restrictive practices (7+)

LiveBig will be expanding on its existing services in the next months. We can provide services under Therapeutic Supports with no Restrictive Practices that are Agency Managed. Subscribe to our newsletter for updates on when the full suite of Behaviour Support services will be on offer.